

THE ENGLISH AND FOREIGN LANGUAGES UNIVERSITY

(A Central University established by an Act of Parliament)

Lucknow Campus

Motimahal Campus, 2 Rana Pratap Marg, Hazratganj, Lucknow-226 001

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No. EFL-U/LC-LKO/F-4/2019/

Date: 28.08.2019

CIRCULAR

The Government of India is launching a nation-wide movement that aims to create to adopt healthy way to stay fit. Fitness being the key for a joyful and healthy life, there is a great need to sensitize the citizens about this. With this vision, the Hon'ble Prime Minister, Shri Narendra Modi ji will launch 'Fit India' movement on August 29, 2019 at Indira Gandhi Indoor Stadium, New Delhi.

The Hon'ble Vice Chancellor has directed students, members of the teaching and non-teaching staff to attend the launch of 'Fit India' movement, take the fitness pledge and make the event a grand success.

Programme:

8:45 am: Assembling at the Campus

9.00 am: Live telecast of the 'Fit India' movement in the Seminar Hall

10.00 am: Inauguration of the University's Fitness Programme in the Campus Ground

11.00 am: Refreshment

In view of the above programme, classes will be suspended till 1.00 pm tomorrow i.e., 29 August 2019.

Please note that attendance will be marked at the venue.

Sd/-

Director

To

All the Notice Boards

Copy to:

1. The Registrar, EFL University, Hyderabad
2. Concerned file